

Spray Tanning: AfterCare

- Wear dark loose fitting clothing and shoes for around 3 hours while tan develops.
- Avoid sweating, showering, bathing or getting wet in any way for the next 3 hours.
- For your first shower, please do a WARM water rinse. Some color will wash off in the shower. This is normal as it is an excess solution and a color guide tint (the bronzer). Rinse until you see the water run clear.
- Please avoid bathing, super hot showers and hot tubs.
- If you choose to shower normally, please do not use any exfoliants or abrasives. Bar soaps, alcohol based products such as toners and astringents, products that cause exfoliation such as AHAs, BHAs, Retin-A, etc can cause your tan to fade faster. Wash with a mild shower gel, (no Dove products) preferably sulfate and paraben free, using your hands.
- When cleansing your face, please avoid makeup wipes, anti-aging and anti-acne products, toners, astringents. etc. Personally, when I have a spray tan I use my mild body wash on my face.
- If you're going to shave your legs, please use a mild body wash, a new razor and press lighter than normal. A dull razor can exfoliate your skin.
- Pat skin to dry; do not rub
- Now on to the most important part, apply an OIL FREE moisturizer to damp skin after showering. Please stay away from baby oil, mineral oil and coconut oil. These items can strip your tan. Additionally, anything heavily scented such as Victoria's Secret or Bath and Body Works products. While their products smell great, the scent is derived from alcohol and is very drying to the skin.
- You'll moisturize again before bed. It is more important than ever to keep your skin moisturized, with a quality moisturizer. Please note that you cannot over moisturize your tan.